



Apple Cider™

Breakdown of fats

Apple Cider™ High Strength

The unique bioactive herbal and nutrient combination contained in each tablet contributes to a normal efficient digestion and lipid metabolism. The tablet, which is manufactured in Sweden, contains apple cider vinegar powder in combination with globe artichoke and dandelion extracts, plus chromium. Chromium contributes to normal macronutrient metabolism and contributes to the maintenance of normal blood glucose levels. Artichoke helps to support a good digestion and intestinal tract.

Apple

Apple cider vinegar has been used in foods for flavouring and preservation for more than 5000 years. The apple cider vinegar in this tablet is produced by selecting and picking apples, which are then cold pressed into must, which is fermented into vinegar by adding "Mother of vinegar" – an acetic acid bacteria. The apple cider vinegar is then dried into a fine powder.

Apple Cider™ High Strength is available in 30 or 90 tablet packs, Mega Strength is available in a 60 tablet pack. For more information call 0800 389 1255 or purchase online at www.newnordic.co.uk



RECOMMENDED DAILY DOSES

Apple Cider™ Mega Strength

1 tablet per day with a glass of water at breakfast

Apple Cider™ High Strength

2-3 tablets per day with a glass of water at breakfast

Food supplements are intended to supplement the diet and should not substitute a varied diet or healthy lifestyle. **Do not exceed the stated dose. Caution:** Seek professional advice before taking if you are pregnant, breast feeding or suffer from allergies. **Warnings:** Not suitable for children under 12 years of age.

CONTENTS PER DAILY INTAKE OF 1 TABLET

APPLE CIDER™ MEGA STRENGTH

Apple cider vinegar powder	1000 mg
Globe artichoke extract (Cynara scolymus L.) 13,5:1, equal to 945 mg dry herb	70 mg
Dandelion extract (Taraxacum officinalis Web.) 5:1, equal to 350 mg dry herb.	70 mg
Chromium (as chromium picolinate)	125 mcg

CONTENTS PER DAILY INTAKE OF 3 TABLETS

APPLE CIDER™ HIGH STRENGTH

Apple cider vinegar powder	2160 mg
Chloe artichoke extract (Cynara Solumus L.) 13,5:1 equal to 2835 mg dry herb	210 mg
Dandelion extract (Taraxacum officinalis Web) 5:1 equal to 1050 mg dry herb	210 mg
Choline	124 mg

