



# Clear Brain™

## Mental performance and memory

### Clear Brain™

The brain is the largest and most important part of your nervous system. It contains billions of neurons, and is home to thoughts and feelings. It receives and coordinates signals from your senses, movement and memory. The normal function of the brain is dependent on many different nutrients. Clear brain is based on a natural extract combination as well as vitamins and minerals. The content of iodine contributes to normal cognitive functions. Pantothenic acid contributes to normal mental performance. Riboflavin, niacin, vitamin B6 and B12 reduces fatigue and contribute to the normal function of the nervous system.

### Walnut

Juglans regia – the walnut tree- has it's origins in the Karpatian mountains. The walnut reminds us of the human brain, and it contains many beneficial nutrients. These tablets contain chosen walnuts, which are ground and extracted, so that the preferred plant ingredients are concentrated and maintained.

**Clear Brain™ is available in 60 tablet pack. For more information call 0800 389 1255 or purchase online at [www.newnordic.co.uk](http://www.newnordic.co.uk)**



## RECOMMENDED DAILY DOSES

2 tablets per day with a meal.

Food supplements are intended to supplement the diet and should not substitute a varied diet or healthy lifestyle. **Do not exceed the stated dose. Caution:** Seek professional advice before taking if you are pregnant, breast feeding or suffer from allergies. **Warnings:** Not suitable for children under 12 years of age.

## CONTENTS PER DAILY INTAKE OF 2 TABLETS

Pomegranate extract ( <i>Punica granatum</i> L.) Standardised to 40% ellag acid	150 mg
Green tea extract ( <i>Camellia sinensis</i> L.) Standardised to 30% L-theanin	150 mg
French maritime pine bark extract Standardised to 40% polyphenols	80 mg
Walnut extract ( <i>Juglans regia</i> L.)	50 mg
Oregano oil ( <i>Origanum vulgare</i> L.)	3 mg
Pepper extract ( <i>Piper nigrum</i> L.)	6 mg
Thiamin (B1)	1,3 mg
Riboflavin (B2)	1,7 mg
Niacin	30 mg
Vitamin B6	2,1 mg
Folic acid	200 µg
Vitamin B12	2,7 µg
Pantothenic acid	7 mg
Iodine	150 µg

