



Dida™

Gastrointestinal comfort

Dida™

Dida™ is the tablet to reduce fermentation and formation of gas in the gastrointestinal tract. The unique bioactive nutrient, herb and spice oil recipe contained in each tablet contribute to the maintenance and function of your gastrointestinal tract and its mucous membrane lining. The tablet, which is manufactured in Denmark contains carminative oils from cinnamon, fennel, and mint plus a combination of several extracts including antimicrobial thyme and garlic, which help preserve your gastrointestinal biosphere. Niacin contributes to the maintenance of normal mucous membranes.

Cinnamon Flower

Cinnamon is a spice obtained from the inner bark of cinnamon zeylanicum, which is native to the island of Sri Lanka. For centuries cinnamon has been used as a natural antimicrobial (bacteria, yeast and fungi) food preservation spice. The cinnamon oil used in this tablet is extracted from the bark by distillation.

Dida™ is available in 90 tablet pack. For more information call 0800 389 1255 or purchase online at www.newnordic.co.uk



RECOMMENDED DAILY DOSES

Take 3 tablets per day with a glass of water during meal times for 30 days. Thereafter, 2 tablets per day.

Food supplements are intended to supplement the diet and should not substitute a varied diet or healthy lifestyle. **Do not exceed the stated dose. Caution:** Seek professional advice before taking if you are pregnant, breast feeding or suffer from allergies. **Warnings:** Not suitable for children under 12 years of age.

CONTENTS PER DAILY INTAKE OF 3 TABLETS

Oregano (<i>Origanum vulgare</i> L.) 5:1 equivalent to 1500mg dried herb	300 mg
Olive leaves (<i>Olea europaea</i> L.) 5:1 equivalent to 1000 mg dried leaves	200 mg
Marigold (<i>Calendula officinalis</i> L.) 5:1 equivalent to 750 mg dried herb	150 mg
Thyme (<i>Thymus vulgaris</i> L.) 5:1 equivalent to 75 mg dried herb	150 mg
Cardamom (<i>Elettaria cardamomum</i> L.) 5:1 equivalent to 500 mg dried	100 mg
Cloves (<i>Eugenia caryophyllus</i>) 5:1 equivalent to 500 mg dried herb	100 mg
Garlic 5% alliin (<i>Allium sativum</i> L.)	66 mg
Cinnamon oil (<i>Cinnamomum zeylanicum</i> J. Presl.)	10 mg
Peppermint oil (<i>Mentha x piperita</i> L.)	6 mg
Fennel oil (<i>Foeniculum vulgare</i> Mill.)	6 mg
Niacin	10,7 mg

