



# Seaweed Diet™

## Weight management

### Seaweed Diet™

The Seaweed Diet™ tablet is based on the latest scientific findings on effective functional ingredients from seaweeds. Modern research has proved the link between the marine carotenoid fucoxanthin and the benefits of seaweed in weight management and fat metabolism. The Seaweed Diet™ tablet contains fucoxanthin rich wakame in combination extract with Norwegian kelp. The tablet also contains artichoke and black pepper which helps support digestion, dandelion and white mulberry leaf.

### Norwegian Kelp

It is more than 25 years ago since New Nordic introduced the first Norwegian seaweed supplement for diet management. The Seaweed Diet™ is our newest seaweed diet management formula with a seaweed combination based on the same Norwegian seaweed. The seaweed in this tablet is pulled out the sea, cleaned, shredded, dried and extracted to concentrate and standardise the content of a variety of important natural constituents such as fucoxanthin.

**Seaweed Diet™ is available in a 60 tablet pack. For more information call 0800 389 1255 or purchase online at [www.newnordic.co.uk](http://www.newnordic.co.uk)**



## RECOMMENDED DAILY DOSES

1 tablet three times per day with a glass of water immediately before main meals.

Food supplements are intended to supplement the diet and should not substitute a varied diet or healthy lifestyle. **Do not exceed the stated dose. Caution:** Seek professional advice before taking if you are pregnant, breast feeding or suffer from allergies. **Warnings:** Not suitable for children under 12 years of age.

## CONTENTS PER DAILY INTAKE OF 3 TABLETS

Norwegian kelp powder ( <i>Ascophyllum nodosum</i> L.)	300 mg
Wakame seaweed extract ( <i>Undaria pinnatifida</i> , suringar)	150 mg
White mulberry leaves extract ( <i>morus alba</i> L.) Standardised to 2% DNJ	600 mg
Dandelion whole plant ( <i>taraxacum officinalis</i> , weber) 5:1 equivalent to 1500 mg	300 mg
Globe artichoke leaves extract ( <i>cynara scolymus</i> L.) 13, 5:1 equivalent to 2997 mg	222 mg
Black pepper extract ( <i>Piper nigrum</i> L.)	40 mg
Grapefruit ( <i>citrus x paradisi</i> , madfad)	8,25 mg
Cold pressed peel oil	
Chromium as chromium picolinate	20 µg

